



To combat continually rising workers' compensation costs, the health care environment continues to migrate toward more rigorous standards of evidence-informed practice.

In order to facilitate the consistent delivery of rehabilitative treatment, Select Medical's Outpatient Division has designed, developed and deployed a **Utilization Management System (UMS)** that is the cornerstone in providing value to our customers. Proprietary guidelines add specificity to commercially available guidelines based on:

- » Diagnostically related groups
- » Age
- » Surgery status
- » More than four million episodes of care

#### UMS GOALS:

- » Establish clinical benchmarks for provider evaluation and management
- » Provide a predictive model for utilization
- » Align provider practice patterns
- » Facilitate return-to-work and cost-savings

#### FEATURES:

- » Delivery of evidence-informed care with appropriate services, frequency and duration
- » Predictive modeling
- » Prospective discharge planning
- » Peer-to-peer clinical management/mentoring
- » Concurrent assessment of medical necessity
- » Objective provider performance analysis
- » Proven cost-savings

#### BENEFITS:

By utilizing diagnostic-specific benchmarks with established performance parameters, we are able to assist companies with historical analysis of past claims to determine effectiveness of rehabilitative services.

We also provide prediction of future utilization and health care costs. This enables companies to more accurately set medical reserves, evaluate the network's performance in facilitating a quicker return to work and reduce the overall cost of care.

